

## THANKS TO OUR SPONSORS



## TOP 5 FUNDRAISERS

[Gina Garreffo](#)

[Marcie Brensilver](#)

[Jean Logan](#)

[Linda Stefanski](#)

[Jean Barrasso](#)



## WALK PHOTO ALBUMS

Photos courtesy of  
[Shawn Stiles](#)

Look for Photos courtesy of  
Essex TV in our January issue

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## LOGAN'S HEROES: Walkers rule!

**165 Marathoners Make the Journey from Saybrook Point to Harkness Memorial Park in the Second Annual Walk across Southeastern Connecticut.** By Anne Rochette

There were cloudy skies and sunny spirits as 165 marathoners took to the roads on October 6 for the second annual Walk across Southeastern Connecticut. The walking marathon is the signature fundraiser of the Terri Brodeur Breast Cancer Foundation. This amazing group of walkers is well on the way to raising over \$300,000 for breast cancer research. They have earned their dog tags and the right to be called [Logan's Heroes](#).

As of this writing, 117 of the 165 walkers have met the fundraising requirement of \$1000. Indeed, the average fundraising total per walker was \$1800. Participants have until December 31<sup>st</sup> to complete their fundraising. The top five fundraisers to date are [Gina Garreffo](#), [Marcie Brensilver](#), [Jean Logan](#), [Linda Stefanski](#), and [Jean Barrasso](#).



The Master of Ceremonies for the 6:30 a.m. opening ceremony was Kevin Hogan of Channel 8 News. Among the speakers who shared their reasons for walking were breast cancer survivors Charlene Corkhill of East Lyme, Joanne Hodge of Waterford, and Marcie Brensilver of Stonington. Ashley and Melanie, daughters of Tim and the late Terri Brodeur offered inspiration and encouragement to the walkers as well.



The walk kicked off at 7:00 led by GERALYN McPhail, sister to founder Norma Logan, and Tim Brodeur, husband to foundation namesake Terri Brodeur. The walkers received a spirited send-off from an enthusiastic crew.



The success of the walk is due in no small part to the hard work and dedication of the volunteer crew members. 72 of the 128 crew members who supported the walkers were participating for the second year. They were joined by enthusiastic newcomers including a group of East Lyme Girl Scouts and employees of Sava Insurance. Crew responsibilities included cyclist support, event day advertising, hydration, medical support and massage therapy, opening and closing ceremonies, pit stops, procurement, registration, traffic and safety, walker assistance, walker registration, and walker training. Essex TV cameramen and local photographer, Shawn Stiles, documented the event [capturing hundreds of images](#).

[Bowerbird Gift Wrap Program](#)

[bellaPerlina Special Edition Bracelet & Lariat](#)

### SAVE THE DATE

October 4, 2008 Walk across Southeastern Connecticut. Be on the lookout for an email announcing open registration.

### CONTACT US

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Helen Lancaster of New London was the first person across the finish line at Harkness Memorial Park. She finished the marathon in 5 hours, 40 minutes, and 3 seconds! Helen reported that this time was 11 minutes faster than her first running marathon. Though faster, Helen admits the walking marathon was infinitely harder and much more rewarding than running, adding “I am so glad I took on this challenge and so proud to be a very small part of raising funds to support research for the cure!” [Click here](#) to read Helen’s chronicle *I felt like the Kenyan*

In spite of the unseasonable warmth of marathon day, the last group of walkers, including Sean Brodeur, Terri’s son, and Michelle Sottile, Terri’s sister, crossed the finish line at 4:15 p.m. They were accompanied by 16 year survivor and founding member Marcie Brensilver who, once again, walked at the back of the pack in support of the last walkers. Pictured from left to right: Rich Pugliese, Rosemarie Moskow, and Sean Brodeur (front), Michelle Sottile, Marcie Brensilver and Don Brodeur.



Pictured here are Terri and Tim Brodeur’s daughters, Ashley and Melanie with Alex Interlandi.

The closing ceremonies capped an exciting day for walkers who celebrated the completion of a demanding physical and mental challenge and for volunteers who shared the satisfaction of a job well done. Tim Brodeur paying tribute to our founder, Norma Logan referred to her as the spirit of TBBCF while honoring his wife, Terri Brodeur, as the face of TBBCF. Both women represent what the Terri Brodeur Breast Cancer Foundation is all about. Also speaking was GERALYN McPhail who reminded us of the meaning behind the dog tags presented to walkers at the finish line.



Melissa Burns, breast cancer survivor and activist, pictured with Brest Buds Team Co-Captain, Heidi Shepherd (right), was the keynote speaker for closing ceremonies. [Melissa’s message](#) was one of hope and celebration of the walkers. In Melissa’s words: “Wow! We did it! For all of you first timers, like me, you can now call yourself a marathoner! Never in my wildest dreams did I ever think that would be a word I would use to describe myself. But then again, ‘cancer survivor’ wasn’t a moniker I thought I’d use either. As I look out at all of my fellow survivors and our supporters, I am honored to share both titles with you. By being here today, we have all been touched in one way or another by breast cancer. But something more powerful has brought us here today and that is HOPE. We have just walked 26.2 miles. We have each raised at least \$1000 because we all have the hope that with our funds, a cure will be found. It may not be tomorrow but we are definitely getting closer! That, I assure you.



Congratulations from all of us at the Terri Brodeur Breast Cancer Foundation to all walkers and crew on your amazing accomplishment! There are no words to adequately describe our deep admiration and gratitude.

Number of walker registrations	193
Number of walkers who completed the event	165
Number of walkers who walked prior to Oct. 6	4
Walkers who fulfilled fund-raising requirement	117

Number of returning marathoners	44
Number of breast cancer survivors walking the event	13
Number of crew members who participated in 2006	72
Average fundraising total	\$1800

What's next.....Walkers post-walk checklist.

Remember to thank your donors. We thank you for all the wonderful personal notes you have written to us over the past few weeks. It is so gratifying. It is now time for us to thank the individuals who supported your fundraising. If you need a copy of your profile to help you guide you in writing thank you notes to your donors, please send an email to [smaniscalco.tbbcf@sbcglobal.net](mailto:smaniscalco.tbbcf@sbcglobal.net). We will send you that information.

Remember what we did. Of the 193 registered walkers, 165 marathoners completed the event. Another four individuals completed the marathon at another time. These individuals are foundation volunteers who decided to complete the marathon (along with the fundraising) to honor Terri and Norma and at the same time take on Co-Chair and Team Captain roles in support of the October 6th walk. Our fundraising total is climbing and it is predicted that through the walk and other efforts we will raise nearly \$325,000.

Remember that fundraising is ongoing through December 31. Irene Corsino and Barbara O'Connell are our fundraising mentors. They are committed to helping you get to your goal. Let us know if you would like to talk to them.

Look for the results of the online survey in early December. Thank you for taking the time to complete the survey. We look forward to addressing any concerns that you have about this year's walk as well as hearing of ways we can improve your experience for next year.

**REMEMBER** to mark your calendars for the October 4, 2008 Walk across Southeastern Connecticut. Be on the lookout for an email announcing that the registration page is open.